

## **Assessment** Participants name: Date of training: Worksheet questions Please complete these questions in your own time and bring to the next session. 1. Why is it important for foster carers to be aware of seeking support when feeling fatigued? 2. Name four places where you can get support? 3. Who can assist you to advocate for yourself or the child or young person in your care?



4.	What would be the first step you would take when wanting to raise a concern about a service provided by Child Safety either to yourself or a child in your care?
5.	What steps could you take if you don't have a current placement agreement for a child placed in your care?
6.	How does the CV role differ to that of the CSO and provide example of when you might speak to a CV on behalf of a child or young person?