Family Group Meetings
Helping children to be safe
All families have happy, sad and scary times. Sometimes families need help to change the things that are sad or scary.
When parents need help to look after their kids, we have a meeting called a Family Group Meeting, to talk about what is happening.
This is where you and all the important people in your life talk about how to keep you safe and well.
A person called a convenor will be at the meeting to make sure everyone has a say.

Your teacher, or a family member like an aunty, might be there to talk about how you’re going and how they can help.
At the meeting, you can tell people what makes you happy and what makes you sad or scared.
If there is someone you are close to and trust, you can ask them to help you say what you are feeling.

You can write a letter or draw a picture about what you are feeling.

I want to be safe
You and your family will then get some time alone to talk about how to keep you safe. This is called family time.
At the end of the meeting, everyone will make a plan to keep you safe and cared for. You and your family will get all the help you need.
You will get a copy of the plan so you know what has been said and who needs to do what.

A person called a Child Safety Officer will visit you and your family to make sure the plan is working.
We are all here because we care about you and we want you to be safe and happy.