Module three: Early days in a placement  
Assessment

Participant’s Name:  
Date of Training:  

Worksheets

Please complete these questions in your own time and bring to the next session.

1(a). Describe how the principles of the Child Protection Act 1999 will guide you in carrying out your role as a foster carer.

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2(a). List five factors that would assist you and your family decide to accept a placement?

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2(b). How would you assist your family to prepare for the start of a new placement?

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3(a). What could you do to help a child or young person establish a positive relationship with you? (Provide three examples)

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4(a). Consider the Charter of Rights for a child or young person. How does this compare with your own beliefs about the rights of children and young people?

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4(b). How will you know if you are providing an appropriate standard of care for a child or young person? Give four examples of ways that you would provide quality care.

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4(c). Describe ways that you would try to communicate effectively with a child or young person in your care. (Provide three examples).

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5(a). What supports and resources could you access to assist you and your family during this period?
5(b). Describe the impact that fostering will have on your current lifestyle and your current relationships with friends and family? (Provide three examples).

5(c). What could you do to manage this? (Provide three examples).

6. Case plans are the place where key decisions, actions and persons responsible for the actions are recorded. What are the key areas of the case plan that carers may be asked to contribute to actions?
Module three

Personal Reflections

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**Module three**

The *Personal Reflections* provided at the end of each module of training will provide you with an opportunity to:

- Reflect on the information you learn in training
- Reflect on your life experiences and how it will impact you as a foster carer and
- Record information that you will need to provide to the worker undertaking the foster carer assessment, to inform their assessment.

You may have already answered similar questions in earlier stages of the assessment process. Where this is the case, reflect on how your answers and views on fostering children have changed, as you learn more about fostering.

The Personal Reflections for Module three focus on: **Practical issues**.

**Practical Issues**

A number of practical issues need to be considered when deciding to become a foster carer. Some practical issues can influence a carer’s capacity to provide care to a child or young person.

**Your available time**

Use the following pie chart to represent the amount of time you currently commit to the following on a weekly basis:

- Work commitments:
  1. Time spent with family and friends
  2. Time involved with recreational and sporting activities
  3. Time spent with children and partner
  4. Time spent performing household duties such as housekeeping and grocery shopping and
  5. Time you commit to other important aspects of your life.
Please provide details:

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1. What impact do you think caring for a child or young person will have on your time availability?

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2. Which of the above factors would you be able to adjust or modify in order to accommodate the extra time you will need to commit to caring for a child or young person?

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3. Will a child or young person be expected to share a room with another member of the household? If so, who and how will this impact on them?

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4. What arrangements will be made to ensure that a child or young person has some personal space and privacy?

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5. Since completing the Home Safety Checklist, have you made all changes necessary to ensure the safety of your home? If not, what changes still need to be made?

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6. Can you think of any issues that may impact on your ability to provide transportation for a child or young person while they are in your care?

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7. Have you made all the necessary changes to ensure that your car is safe and has appropriate car seats for children (if relevant)?

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8. How would you rate your current health status:

☐ Excellent ☐ Average ☐ Poor

9. Now that you are more aware of the role of fostering, do you think there will be any matters related to your health that may impact on your capacity to provide care for children and young people?

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10. If there are health issues, what strategies could you put in place to manage them?

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11. Describe any matters related to the health of any one else in your household that may impact on a child or young person, or on your capacity to provide care to a child or young person?

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12. If there are any health issues, what strategies could you put in place to manage this?

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13. Describe the impact that providing foster care to a child or young person may have on your financial situation?

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14. What strategies might you employ to ensure that the impact of fostering on your financial situation is minimised?

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15. Do you consider yourself to belong to a particular religious denomination? If so, please describe the nature of your religion and the role religion plays in your life and your family’s life.


16. Would you find it difficult to provide care for a child or young person whose religious beliefs and practices are different to yours?


17. From your perspective, how might a situation such as this best be managed?
18. Briefly describe the type of pets you have (if any), how long you have had them, and their nature and temperament.

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19. Can you foresee your pets posing a risk to the safety of a child or young person in your care?

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Thank you for your time and honesty