Advanced module: Attachment
Assessment proformas
Attachment module – assessment item 1
Personal reflection

Participant’s name:

Date of completion:

Personal reflections provide you with an opportunity to:
• Access your existing knowledge and skills on a topic
• Make the connection between real-life caring and the information provided in training
• Recognise the possible changes in your thinking after training

Instructions: to be completed twice: (1) prior to undertaking this module and (2) again after completing this module.

___________________________________________________________________

Think about one child (who suffered harm) who you have cared for in the past (not a current caring experience). Try to choose a child and associated caring experience that you recall well.

1. Without giving any identifying details, can you briefly explain why this child was placed in foster care?

2. What specific behaviours or needs did the child have that you needed to respond to or manage (From the day the child arrived to the day they left)?

3. Why did this child have these specific behaviours or needs (What were the possible causes or reasons)?

4. (a) How did you try to develop a positive relationship with this child?
(b) How would you describe the relationship that developed or did not develop with this child?

(c) What might be some of the reasons that lead to this type of relationship with this child?

(d) What if anything, would you do differently in terms of developing a good relationship with this child?

5. (a) What if anything, did you do to facilitate this child's security and stability?

(b) What if anything, would you do differently in terms of facilitating this child's security and stability?
Attachment module – assessment item 2
Written assessment

Participant’s name:

Date of training:

Instructions: Please complete these questions in your own time and return to the trainer.

1. What is attachment?

2. Why is it important to consider attachment in relation to children in your care?

3. What are some of the limitations of attachment theory?

4. What behaviours or reactions could suggest that a child has an insecure attachment?

5. Why do some children who have been harmed from abuse and neglect display concerning or difficult attachment related behaviours?
6. What would you, in your role as a foster carer, do to assist a child or young person who is displaying attachment related difficulties?

(a) For the child/young person

(b) For the child’s family

(c) For the CSO and case planning

7. Why are stability, security and continuity important for children?

8. What could you, in your role as a foster carer, do to facilitate stability, security and quality relationships for children in your care?

(a) For the child/young person

(b) For the child’s family

(c) For the CSO and case planning