Is there a limit to the help I receive?

You can contact Family and Child Connect as often as you need. There is no limit and no cost.

We may be able to help you in a single phone call, or by taking more time getting to know your family’s situation and connecting you to the right services that can help. Through Family and Child Connect, you can also work with a domestic violence support worker.

In some areas, there are family support services run by Aboriginal and Torres Strait Islander organisations. Most family support services can offer families the choice of working with an Aboriginal or Torres Strait Islander family support worker.

Contact us

Anyone can contact Family and Child Connect for help.

Call us on 13FAMILY or 13 32 64, or visit one of our offices.

We can visit you at your home, or a place that you think is a good and safe place to talk.

For more information, go to www.familychildconnect.org.au

Your local Family and Child Connect is:
Help for you and your family

Family and Child Connect is a free service to help you with the challenges of raising a family. We can connect you to local services that can help with:

- managing your child’s behaviour
- building better family relationships
- stopping any violence at home
- budgeting and managing money
- alcohol, drug or gambling problems
- housing, health care or other community or government services.

Who can contact Family and Child Connect?

Anyone can contact Family and Child Connect for advice and information, including parents, grandparents, other family members and young people.

If your family needs help, you can contact us directly.

People such as doctors, nurses, teachers and police are also there to help families. If they are concerned about your situation, they can let us know that you might need some help.

It’s ok to ask for help

Family and Child Connect will help you think about the support you might find helpful. We can provide information and put you in touch with the right services that will help you make the changes you would like for your family.

Family and Child Connect will ask your permission before connecting you with support services. We will not give your personal information to anyone else without your permission, unless there are serious concerns about someone’s safety.